



GENERAL MEMBER - TRACK DUTY ON PRACTICE DAYS

(You must be over 16 yrs old - always wear a safety vest)

FLAG MARSHALLING

to ensure all riders are safe and riding within their designated sessions

- Discuss with committee member what sessions will be run depending on how many bikes there are - update regularly.
- Take flags out to tower.
- Record which session is on track using the magnetized signs – place on tower with red arrow pointing to current session.
- Time each session (15-20 mins).
- Signal "last lap" by holding 1 finger up to all riders as they pass.
- Hold red flag in middle of track to signal end of session - direct riders to entry/exit gate.
- Wave yellow flag if there has been a general fall out on track. If an accident has occurred and rider does not get up, wave red flag and stop session – go to fallen rider, committee member will also attend.
- Work with committee member on duty to ensure the correct bike size is on the track.
- Only 50cc / Novice parent/s are permitted on the track & must wear pink safety vests and stand 1 person per pink tyre. **They must not photograph or video while out on track.** They are there to help everyone on the track.
- (Only committee-endorsed photographers are permitted onto the track - see pink folder at register for accepted names.

SESSIONS:

- It is to the discretion of committee member on duty how sessions will be run.
- Please ensure the safety of all riders.
- You must take into account rider ability and bike size.
- If you are unsure about anything ask committee member on duty.