



# NUNAWADING & DISTRICT MOTOCROSS CLUB

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## GENERAL MEMBER – TRACK DUTY ON PRACTICE DAYS

(You must be over 16 years old – always wear a safety vest)

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### FLAG MARSHALLING

- Check in with Recreational Supervisor on what sessions will be running and which flag point you are need at.
  - Sign in at canteen and grab a fluro safety vest from behind the door.
  - Take both a yellow and medical flag out to designated flag box.
  - Wave yellow flag if there has been a general fall on the track and the rider appears to be uninjured, maintain yellow flag until rider is back up and has continued riding.
  - If an accident has occurred and rider does not get up, wave medical flag and continue to do so until advised by Supervisor or medical staff on the day. Do not go over to the fallen rider, maintain flag position to alert other riders.
  - During only the 50cc class are additional parents permitted out on the track, to assist riders if necessary. They still must have signed in at the canteen and be wearing a safety vest. They must always maintain an adequate visual position on the track and must not be taking photographs or video while out on track.
  - Only authorised photographers are permitted onto the track.
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